



## SAINT ANNA THE MOTHER OF OUR MOST HOLY THEOTOKOS

Three hints for an Orthodox Christian Mother:

- 1) She instills in her offspring a love for God, and then love for neighbour, as early as she possibly can.
- 2) She becomes a living example of this in deed and word.
- 3) She teaches her offspring on a daily basis “from the practical to the sublime,” how to apply the commandments, and how, as Orthodox Christians, we are “not of this world.”

A lifetime treasury can be built of all the above, if she succeeds.

She works hard to present her children to Christ with His image intact in them, or else she presents her bleeding knees from prostrations on their behalf.

In the love of Christ, an Orthodox Christian Nun.